



Looking for new opportunities to try without being judged

## **ORGANISATION**

**MOVING ON – Bethany Chapel, Lyme Regis**

## **ABOUT THIS OPPORTUNITY**

Moving On is a local social group which aims to promote wellbeing and supports people recovering from mental health issues. We are currently looking for volunteers to help deliver its weekly sessions in Lyme Regis. If you would like to help support people with mental health issues please contact us.

## **AVAILABILITY**

Sessions are held at the Hub, Church Street , Lyme Regis , every Friday 10.30 am to 1.30 pm.

## **HOW TO APPLY**

***If this or any other volunteering opportunity is of interest to you please contact: Carol Davies, Volunteer Coordinator, Lyme Regis Development Trust. Tel: 01297 444570 Email: volunteeringatlrtdt@gmail.com***